

Gear to bring when hiking.

It's impossible to have one checklist for all scenarios. Understanding the answers to the following questions will change what you should bring. What's the weather? What's the chance of rain today and tomorrow? What's the temperature?

When you are going on an easy hike that's less than 5 miles, or a moderate hike less than 2 miles consider bringing just the "A" list.

- ✓ A buddy or satellite phone.
- ✓ Pen
- ✓ Smart Phone - with Offline Map
- ✓ Hiking Map
- ✓ Water and/or Water Filter
- ✓ Hiking Shoes
- ✓ Emergency Whistle
- ✓ Trekking Poles (Preference Here)
- ✓ Jacket/Layers - Cold Weather
- ✓ Headlamp/Flashlight (For Caves)
- ✓ Snacks

A

Consider bringing these items in your car.

- | | |
|----------------------------|-----------------|
| ✓ Hiking Itinerary | ✓ First Aid Kit |
| ✓ Portable Battery/Charger | ✓ Bowl |
| ✓ Extra Clothes/Shoes | ✓ Fire Starter |
| ✓ Emergency Blanket | ✓ Knife |
| ✓ Multipurpose shovel | ✓ Life Straw |
| ✓ Ice Chest w/Cold Drinks | ✓ Toiletries |
| ✓ Extra Water/Snacks | ✓ Bear Spray |
| ✓ Insect Repellent | ✓ Rain Poncho |
| ✓ Sun Protection | ✓ Dish Soap |

When you go on a moderate or hard hike that's 5 or less miles consider bringing the "A" & "B" list in a backpack.

- ✓ Backpack
- ✓ Snacks and/or Meal
- ✓ First Aid Kit
- ✓ Extra Water
- ✓ Life Straw
- ✓ Emergency Blanket
- ✓ Rain Poncho
- ✓ Toiletries
- ✓ Headlamp/Flashlight
- ✓ Hiking clothes

B

Consider bringing these items in your car.

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|----------------------------|-------------|
| ✓ Hiking Itinerary | ✓ Bowl |
| ✓ Insect repellent | ✓ Knife |
| ✓ Bear Spray | ✓ Dish Soap |
| ✓ Extra Water/Snacks | |
| ✓ Fire Starter | |
| ✓ Portable Battery/Charger | |
| ✓ Sun Protection | |
| ✓ Extra Clothes/Shoes | |
| ✓ Ice Chest w/Cold Drinks | |
| ✓ Multipurpose shovel | |

When the hike is a bushwalk of any length, a Hard hike over 2 miles or a day hike over 5 miles of any difficulty consider bringing "A", "B" & "C" list in a backpack.

- ✓ Perhaps high-top hiking shoes
- ✓ Knife
- ✓ Insect repellent
- ✓ Dish Soap
- ✓ Portable Battery/Charger

C

Consider bringing these items in your car.

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|---------------------------|----------------|
| ✓ Hiking Itinerary | ✓ Bowl |
| ✓ Ice Chest w/Cold Drinks | ✓ Bear Spray |
| ✓ Sun Protection | ✓ Fire Starter |
| ✓ Extra clothes / shoes | |
| ✓ Multipurpose shovel | |

When your hike is a multi-day hike consider adding "A", "B", "C" & "D" lists.

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|------------------|----------------------------|-----------|
| ✓ Fire Starter | ✓ Emergency Blanket | ✓ Compass |
| ✓ Folding saw | ✓ Extra clothes/shoes | ✓ Meals |
| ✓ Lip balm | ✓ Toothbrush/toothpaste | ✓ Tent |
| ✓ Rain Poncho | ✓ Multipurpose shovel | ✓ Towel |
| ✓ Extra Water | ✓ Cookstove and fuel | ✓ Tape |
| ✓ Life Straw | ✓ Portable Battery/Charger | ✓ Bowl |
| ✓ Extra Food | ✓ Sleeping bag/pad | ✓ Rope |
| ✓ Bear Spray | ✓ Large thick rain poncho | ✓ Shorts |
| ✓ Sun Protection | ✓ High top hiking shoes | |

D



Consider bringing these items in your car.

- ✓ Hiking Itinerary